

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 1:00 Movie Matinee 5:00 Movie				1 10:00 RESIDENT MEETING 1:00 Trivia 5:30 Movie	2 10:00 Virtual Tai Chi 1:00 Movie Matinee 5:00 Movie	
3 12-2 Glamour Gals 1:30 Piano w/ Pierre 5:00 Movie	4 9:45 Exercise Nicolle 1 :00 Board Games 3:00 Bingo 5:30 Movie	5 Hairdresser 10-12 Wellness  9:00 Walking Club 10:00 Einstein/ Netflix 1:00 Tai Chi 3:00 Rosary/ Deb 5:30 Movie	6 9:30 Shopping Trip Trader Joe's 1:00 Music Appr'n 3:00 Reading Group 5:30 Movie	7 10-12 Wellness  9:00 Rise'n'Shine Yoga 3:30 Pastor W/ Jim 4:00 Piano w/ Lisa 5:30 Movie	8 Barber Shop 10:00 Trivia 2:00 Piano Jim Fredericks 5:30 Movie	9 10:00 Morning Movie 1:00 Movie Matinee 5:00 Movie
10 10:00 St Mary Eucharist 1:00 Movie Matinee 5:00 Movie	11 9:45 Exercise Nicolle 1:30 Piano w/ Bonnie 3:00 Reading Group 5:30 Movie	12 Hairdresser 10-12 Wellnes  9:00 Walking Club 10:00 Fr. Mark 1:00 Tai Chi 1:00 Bruce Museum 5:30 Movie	13 10:00 Chair Dance 1:00 Music Appr'n 3:00 Bingo 5:30 Movie	14 Book Mobile 10-12 Wellness  9:00 Rise'n'Shine Yoga 10:30 Book Club w/ Ed 1:00 Trivia 5:30 Movie	15 Barber Shop 10:00 Arm Chair Travel to India 1:00 Lecture w/ Aytan—India Independence Day 5:30 Movie	16 10:00 Virtual Tai Chi 1:30 Art w/ Darby 5:00 Movie
17 10:00 Science Discovery 1:00 Pastor Jim 5:00 Movie	18 Manicurist 10:00 Health Topic with Dr. Ramsden 1:30 Cello & Piano w/ Mackey Duo 3:00 Reading Group 5:30 Movie	19 Hairdresser 10-12 Wellness  9:00 Walking Club 1:00 Tai Chi 3:00 Bingo 5:30 Movie	20 9:30 Shopping Trip Walmart 1:00 Music Appr'n 3:00 Rosary/ Deb 5:30 Movie	21 10-12 Wellness  9:45 Exercise Nicolle 1:00 Bocce w/ Nathan 5:30 Movie	22 Barber Shop 10:00 Trivia 12:00 Ice Cream Truck Social 1:00 Sing-a-Long w/ Johanna 5:30 Movie	23 10:00 Morning Movie 1:00 Movie Matinee 5:00 Movie
24 10:00 St.Mary Eucharist 12:30 Opera 5:00 Movie	25 Dr. Reilly 10:00 Current Events 1:00 Yankee Lecture w/ Martin Gitlin 3:00 Reading Group 5:30 Movie	26 Hairdresser 10-12 Wellness  9:00 Walking Club 10:00 Library Lecture 1:00 Tai Chi  5:30 Movie Family Pet Day	27 10:00 Chair Dance 1:00 Music Appr'n 3:00 Bingo 5:30 Movie	28 Book Mobile 10-12 Wellness  9:00 Rise'n'Shine Yoga 2:00 Birthday Bash w/ John & Bob 5:30 Movie	29 10:00 Seacoast Center 2:00 Trivia 5:30 Movie	30 10:00 Morning Movie 1:00 Movie Matinee 5:00 Movie