

# February 2026

# The Mews in Greenwich, CT 203.869.9448

| Sun                                                                                                                                                  | Mon                                                                                                                            | Tue                                                                                                                                                                    | Wed                                                                                                                                      | Thu                                                                                                                                                                             | Fri                                                                                                                   | Sat                                                                                                                                                                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><br><b>12-1:30 Glamour Gals</b><br><br><b>5:00 Movie</b>                                                                                 | <b>2 Tu B'Shvat</b><br><b>10:00 Exercise Darby</b><br><br><b>2:15 Middlebury College Dissipated 8</b><br><br><b>5:30 Movie</b> | <b>3 Hairdresser</b><br><b>10-12 Wellness</b> ♥<br><br><b>10:00 Board Games</b><br><b>1:00 Tai Chi</b><br><b>3:00 Bingo</b><br><b>5:30 Movie</b>                       | <b>4</b><br><b>10:00 Music Appr'n</b><br><br><b>1:30 Chair Dance</b><br><b>3:00 Reading Group</b><br><br><b>5:30 Movie</b>               | <b>5</b><br><b>10-12 Wellness</b> ♥<br><b>10:00 RESIDENT MEETING</b><br><b>1:30 Trivia</b><br><br><b>5:30 Movie</b>                                                             | <b>6</b><br><b>10:00 Dr. Ramsden Lecture</b><br><b>2:00 Olympics Opening Ceremony</b><br><br><b>5:30 Movie</b>        | <b>7</b><br><b>10:00 Virtual Seated Tai Chi</b><br><b>Valentine Cards w/ Caitlyn</b><br><br><b>5:00 Movie</b>                                                                                                                   |
| <b>8</b><br><b>10:00 St Mary Eucharist</b><br><br><b>1:00 Movie Matinee</b><br><br><b>5:30 SUPER BOWL PARTY</b>                                      | <b>9 Manicurist</b><br><br><b>10:00 Crossword</b><br><br><b>2:00 Piano w/ Nico K</b><br><br><b>5:30 Movie</b>                  | <b>10 Hairdresser</b><br><b>10-12 Wellness</b> ♥<br><br><b>10:00 Fr. Mark</b><br><br><b>1:00 Tai Chi</b><br><b>3:00 Bingo</b><br><br><b>5:30 Movie</b>                 | <b>11</b><br><br><b>10:00 Music Appr'n</b><br><br><b>2:00 Celebrating Dorothea's 108th Birthday!</b><br><br><b>5:30 Movie</b>            | <b>12 Book Mobile</b><br><b>10-12 Wellness</b> ♥<br><br><b>10:00 Greenfingers Garden Club</b><br><br><b>1:30 Shopping Trip To Target</b><br><b>5:30 Movie</b>                   | <b>13</b><br><br><b>10:00 Trivia</b><br><br><b>1:30 Exercise (30m) w/ Jackie NEW</b><br><br><b>5:30 Movie</b>         | <b>14 VALENTINES</b><br><br><br><br><b>Movie Marathan</b><br><br><b>9:30 Morning Movie</b><br><b>1:00 Movie Matinee</b><br><b>5:00 Movie</b> |
| <b>15</b><br><br><b>1:00 Pastor Jim</b><br><br><b>3:00 Valentine Music w/ Lisa</b><br><br><b>5:00 Movie</b>                                          | <b>16 President's Day</b><br><br><b>10:00 Exercise Darby</b><br><br><b>2:00 Guitar w/ Patrick</b><br><br><b>5:30 Movie</b>     | <b>17 Hairdresser</b><br><b>10-12 Wellness</b> ♥<br><br><b>10:00 Chinese New Year Celebration</b><br><br><b>1:00 Tai Chi</b><br><b>3:00 Bingo</b><br><b>5:30 Movie</b> | <b>18 Ash Wednesday</b><br><br><b>10:00 Music Appr'n</b><br><br><b>2:00 Reading Group</b><br><b>3:30 Pastor Jim</b><br><b>5:30 Movie</b> | <b>19</b><br><b>10-12 Wellness</b> ♥<br><br><b>9:30 Yoga w/ Darby</b><br><br><b>1:00 Book Club/Ed</b><br><b>2:30 Art w/ Darby</b><br><b>5:30 Movie</b>                          | <b>20</b><br><br><b>10:00 Trivia</b><br><br><b>1:00 Tango &amp; Cupid Shuffle Line Dance</b><br><br><b>5:30 Movie</b> | <b>21</b><br><br><b>10:00 Virtual Seated Tai Chi</b><br><br><b>1:00 Movie</b><br><br><b>5:00 Movie</b>                                                                                                                          |
| <b>22</b><br><b>10:00 St Mary Eucharist</b><br><b>12-1:30 Glamour Gals—Library</b><br><b>2:00 Olympics Closing Ceremony</b><br><br><b>5:00 Movie</b> | <b>23 Dr. Reilly</b><br><br><b>10:00 Exercise Darby</b><br><br><b>2:00 Birthday Bash w/ Bob R.</b><br><br><b>5:30 Movie</b>    | <b>24 Hairdresser</b><br><b>10-12 Wellness</b> ♥<br><br><b>10:00 Lincoln DVD</b><br><br><b>1:00 Tai Chi</b><br><b>3:00 Bingo</b><br><br><b>5:30 Movie</b>              | <b>25</b><br><br><b>10:00 Sing a Long</b><br><br><b>1:30 Chair Dance</b><br><b>3:00 Reading Group</b><br><br><b>5:30 Movie</b>           | <b>26 Book Mobile</b><br><b>10-12 Wellness</b> ♥<br><br><b>9:30 Shopping Trip to Walmart</b><br><b>10:00 Garden Club w/ Lisa</b><br><b>3:30 Pastor Jim</b><br><b>5:30 Movie</b> | <b>27</b><br><br><b>10:00 Trivia</b><br><br><b>1:00 Exercise w/ Jackie NEW</b><br><br><b>5:30 Movie</b>               | <b>28</b><br><br><b>10:00 Oscars Lecture w/ Aytan</b><br><br><b>12:30 Opera</b><br><br><b>5:00 Movie</b>                                                                                                                        |

